

Footsteps


Fun, Fitness, Friendship



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For the latest on events and news visit our website:
<http://www.netrailblazers.club/>




The (Outgoing) Prez Sez...

Hello NWFT club members,

Greetings and best wishes for a happy and prosperous new year!

As we begin our new year of 2023, there is also a new change taking place in regards to our NWFT club officers.

As some of you may know I will be stepping down from the office of NWFT Club President. With the new year in full swing, I would like you to please join me in giving a warm welcome to your new club President for 2023 Lori Anderson!

Lori truly has remarkable leadership skills, and is always someone who has new and fresh ideas to contribute to our club. It has been great working with her as our Vice President this past year, and I believe she will be a great asset as our new NWFT club President for 2023.

Please join me in wishing all of the best to Lori in her new position as club President of NWFT!

Best wishes for the New Year!
~Steve

Hello from your incoming NWFT President

The (New) Prez Sez...



Lori Anderson,

I look forward to serving you and helping promote the Trailblazers walking club for the next two years. My goal is to get to know all of you better by open communication and participation.

So you can get to know me better here are some facts about myself:

I have been married to Bill Anderson for 18 years. We have 8 kids and 10 grandkids as a blended family. I have 4 grown kids and 5 grandchildren while Bill has 4 grown kids and 5 grandchildren. We each have a set of identical twins. We come out even so

The (New) Prez Sez... (Cont.)

far but the competition is alive and growing.

I work as a substitute Dental Hygienist in the surrounding area sometimes 5 days a week, sometimes none when I want to go on my many trips as I love to travel and go camping. Bill is the boss of Anderson Construction working mainly in the Seward area. We enjoy going to movies, working on the acreage and watching Yellowstone.

I have several organizations that I volunteer for including church treasurer, Seward Christmas parade float, payroll specialist for Anderson Construction, Barn Quilts of Seward County, Nebraska Dental Hygienists Assoc., spectacular babysitter, Garden Tour, Seward Co Historical Museum, 4th of July committee, feral cat colony registration etc.. So I guess I have a problem saying NO, yikes!

My diet starts January 3rd after the holidays, seriously, and my dislikes are tomatoes, mushrooms, shellfish, olives, sour cream, guacamole, coffee, salted vinegar chips, fruit pies and raisins, which are bad for your teeth. So consider this when you are bringing treats to the meetings haha.

My pet peeves are: arriving late, perforations that don't work, trash left in my car, burping and not cleaning up your plate. Yes I will be watching you for any of these.

See ya at the annual dinner!

Could this be our new motto????? Fun
Fitness Friendship Floss

~Lori





Sandy speaks

We finished out our year with some successful events. We had great weather for our pie walk and, as always, some great pie at the finish. Yum. We had a great showing from our club at the Celebration of Trees and a few of us won great door prizes. Thanks to Denene for setting this up. The tree that Jill put together for the Celebration of Trees was so cute and we got double duty from it when we set it up at the Light's Walk. And the Lights Walk was great. The Gene Leahy Mall was fun with Santa and the live reindeer. Creighton Campus was beautifully decorated and Hot Shops had lots to offer. We had over 100 walkers from three states, collected 1,633 diapers plus \$175 for Lydia House and took 20 dozen cookies to Mohm's Place. Thanks to all of the volunteers that made this a really special event! KANEKO was a great starting point and they have invited us back for 2023.

And now it is a new year! I am so excited about our walks this year. We have some really fun walks scheduled for National Walking Week. We get to see some things I have never seen before. It includes a visit to Heron Haven—a really short walk but I have heard it is a fascinating spot. The behind the scenes tour of the Orpheum is another that is at the top of my list. If you have never been the OPPD Arboretum, this is another secret spot in Omaha. Butch and I visited it for the first time just last year. We are also looking forward to a tour of Little Italy with Sheri Kanger who some of you might remember from the tour of the Santa Lucia Hall at our pie walk last year.

Another new item I am excited about is the "Traveling Stamp". This will give us access to pop up walks throughout the year that are sanctioned, so we can walk group walks on

weekends with only a short notice. The club is paying more for this stamp so that we can have more walking opportunities. We will have to charge the regular \$3 fee for the walks, but will be able to promote them on Meetup and Facebook. So look forward to those walks in unusual places. I am guessing we will be walking at places like Hitchcock, Malvern, IA, Shelby, IA, and Junto Winery. If you have a place you would like to see us walk at, let any board member know and we will see if we can set it up.

~Sandy



NWFT 2023 Schedule

Jan	20	ACE National Take a Walk Outdoors Day Gene Leahy Mall, Arch on Promenade 2 p.m.
Jan	21	Annual Dinner Legends 5:30 p.m.
Mar	4	Soup walk Divine Shepherd Church, 15005 Q St.
April 1-7 Walking Week		
Sat	April 1	Bockfest Crescent Moon/Max & Joes, 3578 Farnam
Sun	April 2	YRE Group Walk YRE Wabash Trace, Sunday 2 p.m.
Mon	April 3	ACE OPPD Arboretum followed by meal at local restaurant 5 p.m.
Tues	April 4	ACE Walnut Creek, 10 a.m.
Wed	April 5	YRE Chalco evening walk 5 p.m.
Thurs	April 6	ACE Gene Leahy Mall 10 a.m. walk to Orpheum for tour; eat at food trucks
Fri	April 7	ACE Heron Haven 2 p.m.
April	22	Arrowhead County Park, Neola, Iowa Group Walk (Traveling Stamp) 10:00 a.m.
Thurs	May 4	ACE Little Italy starting at Gene Leahy Mall 5 p.m.
May	13	Mother's Day Walk Lake Cunningham, Entrance 3 9:00 a.m.
May	20	Chadron State Park Free Day 8:00 a.m.
June	3	National Trails Day TBD-traveling stamp
Sept	15-17	Regional Roundup, Le Mars, IA, Plymouth County Historical Museum, 335 1 st Ave SW Save the weekend for all of the walks that are planned for this weekend.
Oct	7	Peak Performance 519 N. 78 th St., Keystone Trail 9:00 a.m.
Nov	4	Pie walk City Light Mosaic Church (Westminster Presbyterian), 3416 Woolworth Ave 9:00 a.m.
Dec	9	Lights walk KANEKO Art Gallery 4:00 p.m.

Pie Walk



Photos courtesy of Sandy Spaulding

Celebration of Trees



Trailblazer Tree—Thanks, Jill!!



Celebration

of Trees



Lights Walk



Pioneer Park



Pioneer Park



Lights Walk



Barb & Chris



Creighton Campus

Lights Walk



Gene Leahy Mall

Photos courtesy of Barb Ramsey

Lights Walk



Jill on the slide—wheee!!



Real Reindeer!!



Gene Leahy Mall

Photos courtesy of Sandy Spaulding

Lights walk



Amanda from KANEKO



Gene Leahy



Lights Walk



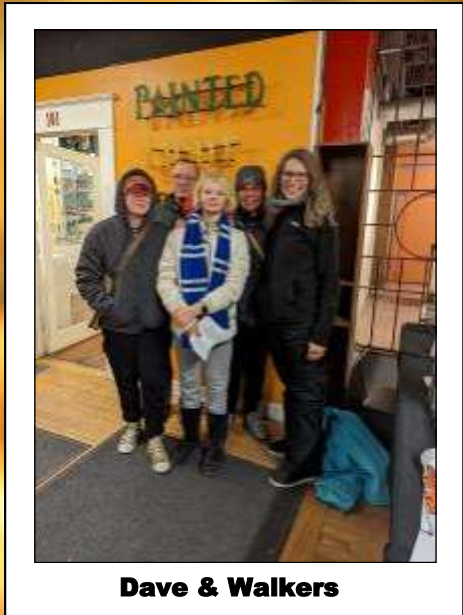
Barb & Chris from KC



Wood Carver



Textiles



Dave & Walkers

Hot Shops Checkpoint



Mark your calendars: Upcoming Events!!

January

- 4 East Towne Indoor Mall Walk, Madison WI Madison Area Volkssport Assn
- 7 Northtown Mall, Blaine MN Lake Country Wanderers
- 18 East Towne Indoor Mall Walk, Madison WI Madison Area Volkssport Assn

February

- 1 East Towne Indoor Mall Walk #2, Madison WI Madison Area Volkssport Assn
- 11 Downtown Skywalk, Des Moines IA Greater Des Moines Volkssport Assn
- 11 East Towne Indoor Mall Walk, Madison WI Madison Area Volkssport Assn
- 15 East Towne Indoor Mall Walk #3, Madison WI Madison Area Volkssport Assn
- 25 Ft. Snelling State Park Winter Fun Snowshoe, St. Paul MN NorthStar Trail Travelers

March

- 4 Soup Walk, Omaha NE Nebraska Trailblazers
- 18 St. Patrick's Day & Food Drive, Des Moines IA Greater Des Moines Volkssport Assn
- 18 St. Paul Skyways Walk, St. Paul MN Twin Cities Volkssport

April

- 1 Bockfest, Omaha NE Nebraska Trailblazers
- 22 Arrowhead Guided Walk, Neola IA Nebraska Trailblazers
- 22 Lawrence County Walk, Aurora MO Dogwood Trailblazers
- 22 Phalen Lake Earth Day Walk, St. Paul MN Twin Cities Volkssport

Event Awards for Club Members

	<u>Events</u>	<u>Distance</u>
Diana Whited	450	4,000K
Diane Fenlon	450, 475, 500, 525, 550, 575, 600,	3,500K 4,000K

NWFT Officers

President
Lori Sue Anderson

Vice President
Joyce Sobczyk

Secretary
Dave Brown

Treasurer
Jill Champley

Speaker Schedule

February 6	Scheels	Walking Equipment
March 6	Richard Warner	Council Bluffs History
April 3	No speaker	ACE event & dinner meeting
May 1	Bonsai Society	Bonsai Trees
June 5	Judy Alderman	Joslyn Castle



Meeting News

Our next meetings will be February 6 and March 6 at Maple Ridge Retirement Community, 3525 N. 167 Circle, Omaha, at 7:00 p.m. There will be a short business meeting, and a short program followed by refreshments. Just a reminder that the club meetings are the 1st Monday of the month at 7:00 p.m. with some exceptions: no meetings in January, April, July or August, and it is the 2nd Monday in September. Don't forget that at each meeting, we have a drawing for a \$10 door prize. Contrary to popular belief, you don't have to be a club member to win this.

Club Dues

Information on the club dues structure for 2023 is as follows:

- All club members in 2022 who wish to be club members in 2023 will pay \$10 individual or \$15 family due by the annual banquet in January 2023.
- Anyone who joins later in 2023 will have their membership pro-rated so that it expires 12/31/23.

Renewal is \$10 for a single membership and \$15 for a family membership.

Please send renewals to: NWFT
PO Box 8147
Omaha NE 68108

Send in Your Newsletter Info

To place info/articles/photos in the next newsletter, NWFT, PO Box 8147, Omaha NE 68108