Online Start Box Tutorial

Setting up an online account

Online Start Box – 2 Requirements to use

- You must have your own email address
 - Individuals "sign" the waiver
 - Email addresses identify the individual
 - NO family accounts
- You must use a credit card to pay for walks in advance
 - Secure credit card transaction establishes a "bank" of credit for walks
 - You will pay a fee for every transaction; consider banking several walks in advance to save on fees
 - Draw on the "bank" when you choose an OSB-linked walk to do

Go to http://my.ava.org/

Click "New Account"

(This takes you to https://my.ava.org/signup.php MyAvA Fun, Fitness, and Friendship Home page AR code Login

.....

New Account Find a ...

Nelcome to myAVA

Welcome to 'MyAWA'; your personal access to the operations ide of the AVA. This web site is dedicated to helping you get the nost out your experience as we add features and give you access o more information. This site will start out fairly light as volunteers vork to improve it and add functionality.

If you are active in Volkssporting, we encourage you to create an account. It is free. If you manage a club, or an event, you will need in account. If you intend to participate in an event that is hosted on he Online Start Box (OSB) then an individual account and digitally signed waiver is required.

To learn how to use this site, help is just a click away. Most pages have a Help button in the upper right corner. Click on the "Find a ..." tab, then click the "FAQ" tab for frequently asked guestions and their answers. For some screens, there are pop-up guidance and warnings. You can click on the "Contact Us" button in the lower right corner of any page to comment or ask questions about the features of this site.

For first-time users creating a new account, a series of popup messages will appear. These explain the steps to create an account, sign a one-time waiver, manage IVV and Special Program/Challenge books, manage connections to clubs and other users, fund an Event Bank, and register for events. You are urged to read them all. You may turn them off when they are no longer needed

If you are viewing this on a mobile device in portrait mode, the nformation is displayed as a single long column. Navigate with the isual three-bar menu icon in the banner at the top right.



Login

Help

A note about pictures. All pictures are cropped and resized to fit on this web site. The size is 450px by 450px. This is a reasonable size without taking too long to load, but the crop often will drop detail or people from the original.

Read the hints!

Click "Got It!"

MyAVA Fun, Fitness, and Friendship

ne page 📃 🛛 AR code

Create an account

DISABLE Step by step guide

We welcome anyone to create an acc do not need to be a member of a walkin We hope that this site will inspire you to thousands who have decided that being great lifestyle choice.

We need your first and last name and credentials include your email address use a unique, personal email address. V email to that address. You will need to r email to receive event email alerts.

Currently, you do not need to validate order to use this site. If you loose you recovering your account will be exceed impossible. Contacting us and pleading will do first. We reserve the right to cha IMPORTANT: You must create an indi

account with a spouse. This is required (OSB) for both waivers and insert cards

PLEASE READ THE HELP

I want help with a password

erican Volkssport Association © 2020

Step 1

If you have an account on "cva4u.org", that account has been copied to this web site. Simply "login" using your credentials from "cva4u.org".

The step by step guide will take you past all of the pages that you need to visit to use the OSB (Online Start Box). This is the step where you begin to create an account.

If you are familiar with computers then this step by step guide will simply help you catch everything.

If you want the help, then it is important that you read the instruction text on the page. It is there to guide you so that you do not make simple, but frustrating mistakes.

Also check out the HELP button (upper right) for more information. Take your time, slow down, and you will find it it doesn't take long when you do it right the first time.

To turn off this guide, click the X above or upper right.

Got it!

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	Help	D
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r more cha	racters)	
? Visible 1	or verification.	
to validate	e your entry	
-	Can't read it	
go to the	verify step	
8:14pm GMT	Privacy Policy Legal Contact us	

Step 1

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Each walker must create his/her own Online account

Each field has directions in green above it

If you need help, click on the "Help" button at upper right and/or the "I want help with a password" button.

To close the "I want help with a password" hint, click on "DISABLE Step by step guide"

Click "SUBMIT and go to the verify step"

NYAVA Fun, Fitness, and Friendship	Step 1 ×
Home page AR code Login New Account	Find a
Create an account	Help
DISABLE Step by step guide ? We welcome anyone to create an account on our web site. You for the do be a member of a walking club or actively walking, whope that this site will inspire you to get out and join the housands who have decided that being a couch potato is not a great lifestyle choice. We need your first and last name and your login credentials. The redentials include your email address and a password. You must see a unique, personal email address. We will send a validation mail to that address. You will need to respond to the validation to receive event email alerts. Wurrently, you do not need to validate your email address in forder to use this site. If you loose you password however, ecovering your account will be exceedingly difficult or maybe mossible. Contacting us and pleading is exactly what a hacker. MPOR TANT: You must create an individual account, not a joint got with a spouse. This is required by the Online Start Box 2000. PLEASE READ THE HELP (top right) Lyant help with a password	Nor first and then last name Nebraska Trailblazers Stor personal email address Intrailblazers@gmail.com A reasonable password (8 or more characters) DNOTUSE1234 Image: Provide the formed by the for verification Store enter the 6 numbers to validate your entry Image: Provide the formed by the for verification Store enter the 6 numbers to validate your entry Image: Provide the formed by the for verification Image: Provide the formed by

This is what you see next.

Click "Got it!" when you've read the warning about storing passwords on public computers (like the library).

Fun, Fitness, and Friendship Step 2 our new login ir With this step you verify your login credentials. You must correctly complete this step to create an account. If anything goes wrong, nothing is you per recorded in the database so you can simply ng start over. ight. in and Your browser may request that you save clo the login so that you can quickly login next time. We encourage you to do this unless... If this is a shared or public computer, DO NOT let the browser save your login. A NOTE: Your password was visible to simplify this verify step. Once verified, we encrypt all passwords so that even the system admins cannot read them. WA Got it! You

CAREFULLY type in your email address and the password you chose. If you type them in properly, you should see "MATCHES" above the typed fields.

Click on "Verify login"

MyAyA Fun, Fitness, and Friendship	Step 2			
Home page AR code Verify New Account Find a				
Please verify your new login in credentials				
You must verify your login credentials with this step. Failing to do so abandons creating a new account. Typically your browser will allow you to save this login so that you do not have to enter it every time. Only do this if this is a personal computer (NOT shared or public). WARNING: The single biggest problem we have is people typing in and verifying a MISSPELLED email address. Nothing works right, and it cannot be fixed. Don't be one of those people check it closely. Your email address Your email address Vour password for this web site MATCHES Verify login Cancel - Return to New Account WARNING: Your browser may have preloaded an old password. You must delete it first!				

Your browser may show a pop-up offering to save the login credentials. (That popup isn't being shown here.)

Read the instructions and click "Got it!"

Fun, Fitness, and Friendship

and status

ka Trailblazers

ems may need your a f the item has an "X"

e AVA athletic waiver is is required for mar ur email address has

ck 'GO' to send a ver : netrailblazers@gm;

Step 3

Your new account has been created and this is your account home page.

From here you can go to anywhere on this web site. You will connect to clubs, management pages, and other people based on your permissions and connections.

An email has been sent to your account's email address containing a verification code. Allow a few moments for this email to arrive, and follow the instructions therein to verify your account's email address.

When you are ready to go to the next step, click 'Next' above or upper right.

To turn off this guide, click the X.



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AN MANAGE	
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Ik Friend codes. Acco ition codes. Any of the elp to see the list of co

Submit code

This is what the screen looks like, waiting for 2 Action Items to be completed. You're on the "My Account" page.

ϺγΑυΑ

My Account

Fun, Fitness, and Friendship

My Start Box My Event Bank

Let's start with verifying the account, the 2nd Action Item, since that's where we left off.

You should have an email in your Inbox from the AVA, with a verification code. If not, press the "Go" button to try again. Account home and status Help Hello Nebraska Trailblazers CLUBS. PEOPLE... THAT I CAN MANAGE The following items may need your attention. Click on the 'GO' to You currently have no items that you manage on this site. take you there. If the item has an "X", click it to dismiss the item. ACTION CODES The AVA athletic waiver has not been signed. This is required for many activities on this web GO Action codes include Walk Friend codes, Account Management codes, and Email Verification codes. Any of these codes can be site. entered here. Read the help to see the list of code types. Your email address has not been verified. GO Click 'GO' to send a verification code. TO: netrailblazers@gmail.com Submit code

My Profile

Find a ...

My Awards

Next 🕨

×

Go check your email's Inbox.

Here's the email that came through, with the verification code. It's been highlighted for you in this picture.

(The last 4 digits have been obscured.)

American Volkssport Assoc. no-reply@ava.org via avahq.onmicrosoft.com to Nebraska -



Dear Nebraska Trailblazers

Welcome to the AVA web site

-

We do not send out many emails, but like to know that the email address for an account is valid before we use it. Email is important when problems arise, such as when you loose your password, or for confirmation when you sign up for an event.

To verify your email address, please use the following code:

EV-5837 XXXX Enter it on the web site)

The code is entered in the ACTION CODES field on your 'My Account' page on the web site.

Please add the address of this email (<u>no-reply@ava.org</u>) to your address book so that emails from the AVA do not end up in your spam directory.

Enter the entire verification code from the email, starting with "EV".

Click "Submit code"

Hint: Don't take too long; it will log you out!

My AyA	Fun, Fitness, and Friendship		Next 🕨 🗙 🗙
My Account	My Start Box My Event Bank My Awards	My Profile Find a	
Account hom	e and status		Help
Hello Nebras The following i take you there.	ska Trailblazers tems may need your attention. Click on the 'GO' to If the item has an "X", click it to dismiss the item. he AVA athletic waiver has not been signed. his is required for many activities on this web ite. our email address has not been verified. lick 'GO' to send a verification code. O: netrailblazers@gmail.com	CLUBS. PEOPLE THAT I CAN MANAGE You currently have no items that you ACTION CODES Action codes include Walk Friend co codes, and Email Verification codes. entered here. Read the help to see th EV-5837-XXXX Subm	E manage on this site. des, Account Management Any of these codes can be le list of code types. it code

American Volkssport Association @ 2020

Dec 27th, 2020 - 2:41am GMT | Privacy Policy | Legal | Contact us

Success!

Click the "Got it!" buttons to get back to the "My Account" page.



Now, there's only 1 Action Item left to process. Click "GO" to sign the AVA athletic waiver electronically.

My AyA	Fun, Fitness, and Friendship	Next 🕨 🗙
My Account	My Start Box My Event Bank My Awards My Prof	file Find a
ccount hom	e and status	Help
Hello Nebras The following it take you there.	ka Trailblazers ems may need your attention. Click on the 'GO' to f the item has an "X", click it to dismiss the item. e AVA athletic waiver has not been signed. is is required for many activities on this web e. CLUBS. PEOPL You current ACTION CODE Action code codes, and entered her	LE THAT I CAN MANAGE tly have no items that you manage on this site. ES es include Walk Friend codes, Account Management Email Verification codes. Any of these codes can be re. Read the help to see the list of code types. Submit code

More to read.

Click "Got it!"

Up My Waiver

Manage online event waivers

This online waiver is a requirement for system. The waiver remains in force as checked.

DISCLAIMER OF LIABILITY -

In consideration of being allowed to particip Volkssport Association (AVA) volkssporting and activities, I, the undersigned:

- Agree that before or during my or my min believe anything is unsafe, I will immedia or other person in authority at the volkss events and activities of such conditions is.
 Acknowledge and fully understand that e in activities that could involve risk of ser disability and death and severe social an result not only from my own or my minor negligence of others, or the condition of equipment used. Further, that there may reasonably foreseeable at this time.
- Assume all the foregoing risks and accer damages following injury, permanent dis
 Release, waive, discharge and promise n their respective administrators, directors employees, other participants, sponsorir advertisers, and, if applicable, owners an conduct the event from demands, losses injury, including serious injury, permanet.

to property, caused or alleged to be caused in whole or in part by the negligence of any such person or organization, or otherwise.

- 5. Am aware that when I share photos, via digital image or otherwise, with AVA, AVA, its legal representatives and assigns, retain the right and permission to publish, without charge, any such photo or image, for AVA purposes only, in any written or electronic publication, including the Checkpoint or TAW, on social media, websites or in audiovisual presentations, promotional literature, advertising or in any similar method.
- 6. (if applicable) warrant that I am a legal guardian of the minor children included in this waiver.

I, the undersigned, has read the above waiver and release, understand that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I accept this waiver and release, that I voluntarily agree that I understand that have given up substantial rights

Step 4

This page has the athletic waiver. This must be "signed" before you are permitted to do almost anything on this web site. It is our "Terms of Use" that all complex web sites have.

The language is simple, fair, and we are upfront about it. You see the whole thing on this page. It is not buried in some scroll window, or 30 pages long so you won't bother to read it all.

"Sign" the waiver now by entering your first and last name. Your waiver remains in effect for your OSB usage from now until or unless you uncheck the box or delete your account. Do it now, be done...

When you are ready to go to the next step, click 'Next' above or upper right. To turn off this guide, click the X.

Got it!



THIS WAIVER

legal name then check

are covered by this waiver until they at time, they will be required to sign the int.

covered by this waiver.

BLE PARTIES: The minor's account will account. If you as guardian wish others account, then click 'Manage minors' and

Now you're on a tab under "My Account" called "My Waiver". You can come back to this page and re-read the Waiver or to remove the checkmark saying that you "ACCEPT THIS WAIVER".

For now, enter your name, check the box and click "Save".

(If you have children walking with you, come back and "Manage minors" after you've accepted the waiver for yourself.)

Fun, Fitness, and Friendship My Account MVAUA Logout My Waiver My Books My Connections My Address My Self / Login Manage online event waivers This online waiver is a requirement for using the online start box Please enter your full legal name then check system. The waiver remains in force as long as the acceptance is 'ACCEPT' checked. DISCLAIMER OF LIABILITY My name is Nebraska Trailblazers In consideration of being allowed to participate in any way in American Volkssport Association (AVA) volkssporting programs and related events ACCEPT THIS WAIVER and I Save and activities, I, the undersigned: 1. Agree that before or during my or my minor child's participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related MINOR CHILDPEN events and activities of such conditions and refuse to participate. The following children are covered by this waiver until they 2. Acknowledge and fully understand that each participant will be engaging reach the age of 18. At that time, they will be required to sign the in activities that could involve risk of serious injury, including permanent waiver in their own account. disability and death and severe social and economic losces which might result not only from my own or my minor child's actions, inactions or There are no children covered by this waiver. negligence of others, or the condition of the premises, the trail or any equipment used. Further, mat there may be other risks not known or not reasonably foreseeable at this time. Manage minors 3 Assume all the foregoing risks and accepts personal responsibility for the damages following injury, permanent disability or death. ADDITIONAL RESPONSIBLE PARTIES: The minor's account will Release, waive, discharge and promise not to sue AVA, its affiliated clubs, be managed from your own account. If you as guardian wish others their respective administrators, directors, agents, volunteers or to also manage the minors account, then click 'Manage minors' and employees, other participants, sponsoring agencies, sponsors, and follow the instructions. advertisers, and, if applicable, owners and lessors of premises used to conduct the event from demands, losses or damages on account of injury, including serious injury, permanent disability or death, or damage to property, caused or alleged to be caused in whole or in part by the negligence of any such person or organization, or otherwise. 5. Am aware that when I share photos, via digital image or otherwise, with AVA, AVA, its legal representatives and assigns, retain the right and permission to publish, without charge, any such photo or image, for AVA purposes only, in any written or electronic publication, including the Checkpoint or TAW, on social media, websites or in audiovisual presentations, promotional literature, advertising or in any similar method.

6. (if applicable) warrant that I am a legal guardian of the minor children included in this waiver.

I, the undersigned, has read the above waiver and release, understand that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I accept this waiver and release, that I voluntarily agree that I understand that I have given up substantial rights.

Now you can personalize the account.

Add your primary club and any "Walk Friends" using the "My Profile" tab

Under "ACTION CODES", Walk Friends can be family members or friends that trust you to help them use the OSB.

You will come back to this "My Account" page to enter codes given to you from Walk Friends.

YLYHYH Fun, Filness, and Friendsnip	My Account Logout
My Account My Start Box My Event Bank My Award	ds My Profile Find a
Account home and status	Help
Hello Nebraska Trailblazers The following items may need your attention. Click on the 'GO' to take you there. If the item has an "X", click it to dismiss the item.	CLUBS. PEOPLE THAT I CAN MANAGE You currently have no items that you manage on this site.
There are currently no items in this list	ACTION CODES Action codes include Walk Friend codes, Account Management codes, and Email Verification codes. Any of these codes can be entered here. Read the help to see the list of code types.

When you click, you'll land on "My Connections". You can see the other Tabs available to you, as well as the "Up" arrow at the upper left. A "Help" button is also available.

Let's start with the easiest part of your profile – your local walking club.

It's not necessary, but it is helpful to your local club.

MyAyA Fun, Fitness, and Friendship	My Account Logout
U p My Waiver My Books My Connections My Address	My Self / Login
Personal connections	Halp
Similar to the way friend connections work on social media sites, with Account connections you can control how others (either clubs or individuals) can see you on this system. You can also manage an account for someone else if they give you permission. Click HELP (top right) to see usage notes. There are two formats for codes. 'AM-1234-5678' for account	Any special permissions. This is ok, not l permissions are given by AVA HQ to manage VA convention.
Submit code	
1. PERSONAL ACCOUNT MANAGEMENT Send this code to someone who needs you to manage his or her account. If you receive a code from someone you have requested to manage your account, enter it above to finalize the connection. This personal code is valid for three days. The connection will remain until you rescind it.	
2. WALK FRIENDS FOR OSB If you are the leader of your walking group, family or friends, give everyone your code. You can then register and pay for everyone's OSB events. Their name will appear under walk friends. This code is valid for one week. Click to generate this code	
CLUB CONNECTION Click to access the club list. You can select one or more clubs to allow them to see you. You become visible to the club for everything from emailing to club management.	
Select a club SELECT A PRIMARY CLUB: If you are a member of more than one club, you must select a single club from your list to help AVA with its accounting and donor efforts. This is typically the club where you hold the most senior position. You do not have any club connections.	

The following assumes you belong to our club:

The Nebraska Wander Freunde Trailblazers belong to the AVA – North Central Region, so click that box.

Then scroll way down the page to find Nebraska and click in the box for the Nebraska Wander Freunde Trailblazers

Then, scroll back up to click on "Done/Return/Cancel"



Back on the "My Profile > My Connections" page, your choices will appear in the "CLUB CONNECTION" section. If you are the leader of your walking group, family or friends, give everyone your code. You can then register and pay for everyone's OSB events. Their name will appear under walk friends. This code is valid for one week.

Click to generate this code

CLUB CONNECTION

Click to access the club list. You can select one or more clubs to allow them to see you. You become visible to the club for everything from emailing to club management.

Select a club

SELECT A PRIMARY CLUB: If you are a member of more than one club, you must select a single club from your list to help AVA with its accounting and donor efforts. This is typically the club where you hold the most senior position.

Nebraska Wander Freunde Trailblazers *

CLUB CONNECTIONS

You are connected to the following clubs. Click the 'X' to downgrade your connection. After 'VISIBLE', the connection is removed.

- X Nebraska Wander Freunde Trailblaze VISIBLE
- × AVA North Central Region VISIBLE

These are all the tabs under the "My Profile" menu.

You've already completed "My Waiver", but you can review it at any time by clicking on that tab.

The OSB will generate stamps for all your AVA/IVV Credit books and Club Challenges once you set it up. Let's go there now by clicking "My Books".



The system automatically checks "IVV Distance book" and "IVV Event book". If you don't keep these books, uncheck the boxes.

If you're participating in any of AVA's Special Programs, click on the blue box to add from their list. You can come back and update your list at any time.

If you're participating in local club programs, that <u>aren't</u> AVA Special Programs, click on the "Add from the Challenge list". Our club doesn't have any challenge programs at this time.



Clicking on the "My Address" tab allows you to enter your home and mailing addresses, as well as a phone number.

This is not necessary but is very helpful if you are communicating with AVA Headquarters in San Antonio, or if you are the POC for a walk.

MY HOME ADDRESS Enter your home address, enter it in the mailing address fields. A home address is not required. Country (a change clears the form) U.S.A. Your street address Additional address information if needed City State Zip +4 City State State Zip +4	vith question vities. If you efault numbe vent, myAVA u like. <i>555-25</i> rrs with a '+'	AVA HQ will contact you using this number with about books, membership, awards or club activitie the POC for a YRE, your home number is the defau displayed. If you are the POC for a traditional even displays your cell number, if provided. You can enter the phone number the way you lik (555) 259 555259 Begin international numbers of followed by the country code. Your home phone number	or submit books to is very important. mailing, for all mploy the iminate dresses. Il be used to fill e event sanctions. mefit to you is ress, then you can ally be correct DC for several	EASE NOTE: (free) incurd to help a c Mark for processing, then this address will begin to use these addresses, hor ngs. e AVA is implementing label printers ess information supplied in this form cription errors caused by hand-writt IC FOR AN EVENT?: This address fo oint of Contact (POC) address fields mailing address is used if provided. I f perchance you need to change you once, here, and know that it will auto where. This is most helpful if you an ts.
Enter your home address. If you have a mailing address different from your home address, enter it in the mailing address fields. A home address is not required. Country (a change clears the form) U.S.A. Your street address Additional address information if needed City State Zip +4 City City City City City City City City		Your cell phone number		
Your street address Country (a change clears the form) Additional address information if needed U.S.A. City Street address information if needed State Zip +4 City City		MY MAILING ADDRESS	~	 A home address is not required. try (a change clears the form) S.A.
Additional address information if needed City State Zip +4 City State Zip +4 City State Zip +4 City		Country (a change clears the form)		street address
Additional address information if needed City City City City City City City City	~	U.S.A.		
City City City City City City City City		Street address or P.O. Box		ional address information if needed
State Zip +4 City		Additional address information if needed		
State 7in 4		City	9 +4	~
Save home address) +4	State Zip +4	Delete	ve home address

This is the top half of the page displayed under the "My Self/Login" tab. Most of this is self-explanatory, but the blue "Help" button provides a lot of information.

Under "Account Settings" are some options for emails. This is still under development.

The bottom half of the page has some important settings, so let's go there next.

📕 🗭 Up 📕 My Waiver 📕 My Books 📕 My Connel	ctions My Address My Self / Login	
Change account information		
CHANCELOGIN / PASSWORD	UPLOAD YOUR PICTURE	
These are your login credentials. You can use 'Check and update' at any time to help your browser remember the credentials. Your personal email address (Verified)	Your picture is NOT public. It is seen by people you are connected to, by club officers, RD's and of course AVA HQ. The upload can be slow: wait until myAVA displays a checkmark. The final picture uploaded will be cropped as you	
netrailblazers@gmail.com	see it here. Want to change it? Edit the picture then drag and drop again. The last picture dropped is the final result.	
A good password (8 to 20 characters) ONLY TO CHANGE IT	Drop your picture here	
Go to verify and update You can verify your email address at any time to test that you are able to receive emails from this web site. Enter the code on your 'My Account' page.		
Send verification email	TIP: The final picture will be saved as 150px by 150px. The same size shown above.	
Setting a user name can simplify your login. An email address can be difficult to enter on a phone. You will go through the login check to change your login. You can still use your email address to login if you need to.	ACCOUNT SETTINGS These are some account settings that can control your experience.	
A user name	EMAILS 🔵 NONE 🔵 SOME 🧿 ALL	
Set user name for login	SAVE DELETE MY ACCOUNT	
CHANGE ACCOUNT NAME	You may delete your account if you wish. Click this link to start.	
This name will appear on all of your insert cards, as well as lists to identify you to others. Use a name that others can recognize.	GO TO DELETE ACCOUNT	
Your first and last name		
Nebraska		
SAVE		

This is the bottom half of the page displayed under the "My Self/Login" tab. You've seen the material at the top in the previous slide.

Read the highlighted section and <u>strongly</u> consider adding a secondary email to allow you to recover your account.

	CHANGE ACCOUNT NAME This name will appear on all of your insert cards, as well as lists to identify you to others. Use a name that others can recognize. Your first and last name Nebraska Trailblazers SAVE	You may delete your account if you wish. Click this link to start.
>	SECONDARY EMAIL BE WARNED: If you lose your password and your primary email no longer functions, you will have great difficulty restoring your account. Consider adding a secondary email address belonging to a spouse, a friend or a child. The secondary addressee can pass you the recovery code to unlock your account. A secondary email address	
	SAVE PLEASE READ THE HELP (top right) I want help with a password	