# A Publication of the Nebraska Wander Freunde Trailblazers

# Fußstapfen

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Fun, Fitness, Friendship

November/December 2014



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New this year for the November-December walking calendar is a special walk known as *Time to Walk 10-11-12-13-14*, in which the national AVA organization is hoping to have thousands of walkers out on the trail at 10:11 a.m. on December 13, 2014. Our part in this major event will take place in

### **President's Corner**

Fremont, starting at 10 a.m. so everyone is walking at the appointed time. The start point is the Hy-Vee store on Highway 30 and will follow the Historic Fremont Walk trail.

Our Pie Walk in Blair will be November 1 starting at St. Mary's Episcopal Church, 1734 Grant Street.

Our Lights Walk on December 6 begins, once again, from the Landmark Tower between Farnam and Harney downtown.

In other news, be sure to look at the Walker of the Year nominations elsewhere in this

**NWTB** Officers

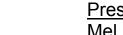
newsletter. Then be sure to come to the December meeting so you can vote for one of them. The winner will be announced at the Annual Dinner. Members voted at the October meeting to return to the Farm House Café on 84th Street for our annual meeting and dinner. We will again have the party room and the date of the meeting will be on January 17. Beforehand, there will be voting for our four elected offices. Competition welcomed, so please step forward if you would be willing to serve.

~Mel

Questions?

Suggestions?

Call!!!



President Mel Bohn 402/213-7972

<u>Secretary</u> Sheila Goeltz

#### Vice President Larry Boehm 402/393-5697

<u>Treasurer</u> Butch Spaulding 712/322-2797

www.nebraskawander.org



## Jottings from Jim

For the first time in 22 years the

Nebraska Trailblazers did not have a breakfast walk in September. We did have a scheduled volksmarch, however. There was no food at this one but we did have the opportunity to sample some wine. Our annual September volksmarch was in Fort Calhoun and the start point was the Too Far North wine outlet. Another beautiful day. too. There were two 5km routes and one of those took us into and through the old Fort Atkinson. On our volksmarch day it was 'active duty' for some men, women, and children as they manned the old fort. They were all dressed in period (1804) clothes. The soldiers held reveille, raised the flag, and fired the cannon on the hour every hour. Stores and barracks and headquarters buildings were open to us and we could watch the ladies with their spinning wheel. Also present for duty was the cooper and blacksmith and several soldiers manning the bunk rooms, offices and the bria. One could even purchase a tin cup, hand made that day and a replica of what our soldiers used "back then." It was a fine day, a fine walk, and an interesting bit of history. Kudos to Sandy for finding this and setting it up.

Remember to submit your recommendations to Mel or Julie for Walker of the Year. We will be voting soon. Also, Mel is looking for a replacement as leader of the Nebraska Trailblazers. You also might consider vicepresident or secretary.

We'll be seeing you for the pie in November and the Christmas lights in December and also the 10-11-12-13-14 walk in Fremont on that date and time. Those numbers in the previous sentence means we volksmarch at 10:11 am on December 13, 2014. There is a name for that type of sequence but I haven't found it as yet.

~Jím

Many thanks for all the cards and get well messages. I'm home but still going for physical therapy.

~Sheíla Goeltz



We were blessed with perfect fall walking weather for the last few weeks. Our Beautiful Bellevue walk had 14 new walkers. We can thank the beautiful weather, but we should also give credit to Committee member Jeanne Miller for many of these new walkers. She has been able to get this walk out on our website, Facebook and into the *World Herald*. These, added to an article in the *Bellevue Leader*, led to almost all of these new walkers. Letters have been sent to invite them to our Blair walk. We hope to see some of them there.

Due to my work schedule, I have not been able to enjoy the weather as much as I would like to. I missed out on the Pie walk prewalk and will miss out on marking the trail. We were able to do the Lincoln prewalk and the Des Moines Walk for Wildlife. Both were perfect days. My sister, who just moved back from California, joined us for both and hopefully will become a regular on the trail. She enjoyed the great weather and the ability to be out of doors and moving. Grandson Caleb also joined us in Des Moines. He was thrilled by the wildlife-he got to get close enough to a large snake that he could see it "smelling" him with its tongue and had a frog jump from Grandpa's hat right into the cup holder of his stroller. He did lots of walking and running, so Grandpa's shoulders were only a little sore from pushing the stroller through the grass and mud trails.

Cold weather will soon be here, but that won't be the end of our walking season. Just bundle up warm for our last three walks. We will have the "extra" walk in Fremont on 10-11-12-13-14. Hope to see you all there!

~Sandv



Have you checked out our club's Facebook page? Just click this icon to catch up on the Trailblazers' most recent events and

photos. While you're there, be sure to "like" our page!

Remember, if a trail takes you into the street, walk on the left and FACE TRAFFIC.

Cemie







The line of music at the top of Gordon MacRae's headstone plays out "Oh What a Beautiful Morning! Oh What a Beautiful Day!"

# **Beautiful Bellevue!**











#### A Publication of the Nebraska Trailblazers Walker of the Year Nominations Jeanne Miller is my nomination for walker of the year. During this This is a recommendation for Julie Brown as Walker of the year Jeanne has planned our November pie walk. Jeanne, along Year for the Nebraska Trailblazers. As an active club with her husband Steve, maintains two year rounds in Fremont member ,Julie and her husband Tim have sponsored a walk, NE and one in Bennington. Due to the Fremont start point she does all our volksmarches, Julie attends all our monthly closing, Jeanne found a new start point and created a new 10K meetings and brings refreshments. Furthermore, Julie is a oneperson editor and publisher of the club newsletter, Historic Fremont route. Jeanne is one of the very active members of "The Committee" - a group looking at ways to promote the FOOTSTEPS. Julie collects and edits articles, does layout for club. The group walk of the Historic Fremont event for the "Time the newsletter and publishes the paper for club members. With to Walk" on December 13 is due to Jeanne's enthusiasm for her accomplishments, Julie is hereby recommended as our Walker of the Year for 2014. doing special events that promote walking. She has also eagerly agreed to be the primary point of contact with a local school that is looking at getting the students involved in volkssporting-like activities. Jeanne also willingly agreed to be the alternate point of contact for our special program "Doin' the Louisiana Purchase" when AVA requested one. This year, along with creating and maintaining the club's new web site, she also maintains the clubs Facebook page. Mark your calendars: Upcoming Events Nov 1 Pie Walk—St. Mary's Episcopal, Blair NE ...... NWFT 15 Lights on the Plaza Walk, Kansas City MO (seasonal, Nov 15-Dec 31)..... CPT 30 Multi-Day Swims, Leavenworth KS (Nov 30 & Dec 1)...... KJW Dec 6 Lights Walk, Omaha ...... NWFT 13 10-11-12-13-14 Walk, Fremont NE ...... NWFT Jan 1 17 Annual Dinner...... NWFT Event Awards for Club Members You're Still the One Events Distance **Diane Fenlon** 150, 175 1.500 200, 225 ÐA November 1 Joe & Susan Schwartz Steven Miller 2,500 250, 275 Bernie & Jeanie Wagner 6 8 Inta Thompson Jeanne Miller 375.400 December 21 John & Gail Boggs 950 James Goeltz 28 Jim & Martha McGahan 28 **Bob & Ruth Stotler** Sheila Goeltz 950 **Birthday Wishes** November December 2 Mel Bohn **Deb Gaskins** 18 Sharon Nielsen 10 Jerry Dix 8 Lowell Harms 18 Lynn Richardson 13 Donna Campbell 9 **Dave Zikmund** 19 **Bill Spielman** 15 **Bernie Wagner** 13 Larry Boehm 26 **Marge Peterson Jill Champley** Jim Goeltz 27 Vicki Bohn 18 13

**Claudia Dowling** 27

- **Dave Brown** 14

# **Meeting News**

The next club meetings will be November 3 and December 1, 2014, at Morning Star Lutheran Church, located at 331 S 85th Street in Omaha. The meetings start at 7:00 p.m. We try to have a short program before the business meeting. Just a reminder that the club meetings are the 1st Monday of the month at 7:00 p.m. with some exceptions: no meetings in January, July or August, and it is the 2nd Monday in September. Don't forget that at each meeting, we have a drawing for a \$10 door prize. Contrary to popular belief, you don't have to be a club member to win this.

# **Membership Dues**

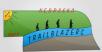
September/October dues are now past due (check your mailing label—email message will be sent out as a reminder). Renewal is \$10 for a single membership and \$15 for a family membership. Please send renewals to:

> NWFT PO Box 8147 Omaha NE 68108

# **Newsletter Info**

To place info/articles/photos in the next newsletter, simply email: nwftprezmel@cox.net

Or snail-mail by December 15 to: NWFT PO Box 8147 Omaha NE 68108



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